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Daniel Reports

By W. C. (Dan) Daniel
Virginia Fifth District Congressman

WASHINGTON - Since coming to the Congress, I have made it a practice to report on my voting record regularly to the people of the Fifth District. I am of the firm conviction that such a report should be made, for I am here as your representative - in truth, as your employee - and you should know what I am doing with your time and money.

During the first Session of the 93th Congress, there have been 541 recorded votes. I have been present and voting on all bills before the House, thus maintaining a 100 percent legislative voting record.

As a member of the Committee on Armed Services, I have attended all meetings of the full committee and the subcommittees to which I am assigned. My permanent committee assignments include Manpower, Investigative, and Human Relations. Last month, I was appointed to a Special Subcommittee on Energy, and it is anticipated this will consume much time and effort in this year. I believe there may be a real advantage to the people of the Fifth District, however. One of the problems which has been revealed by our energy shortages is the lack of a single reliable source of information. Hopefully, the information garnered for this committee assignment will serve to point to solutions for the country as a whole.

Floor votes and committee assignments do not nearly tell the story of my stewardship of this office.

Ralph Nader has said that a Member of Congress should not involve himself with constituent problems, that this is a job for the federal bureaucracy. Well, it happens this is one more instance where Mr. Nader is off the beam. This office exists to serve the people residing in that portion of the United States designated Fifth Virginia District. It is here to assist with problems related to Social Security, veterans' affairs, immigration, passports, social services, military, and indeed any problem where the individual has reached a stalemate with a federal agency or has found an agency unresponsive. These sorts of problems are common to all Congressional offices, and in addition our office assists in farm-related problems which are peculiar to predominantly rural areas, as ours is. And rural problems have been considerably complicated this year by actions on the part of the Department of Agriculture, such as attempting to eliminate the Rural Environmental Assistance Program, Rural Electrification Programs, water and sewer grants, tobacco promotional programs, and loan programs financed through the Farmers Home Administration.

Some 20 groups of students have visited with us this year, and hundreds of elementary, high school and college students have contacted us in person or by letter in pursuit of information for classroom assignments. These contacts with students are among the most satisfying things we do, and I am hopeful they will continue and grow.

A whole new area of problems has arisen this year, as individuals, local governments, and businesses have wrestled with shortages of one kind or another, and have sought our assistance.

Earlier in the year, we mailed out some 80,000 Farmers Bulletins, and processed the returned requests for Agriculture Department publications by the tens of thousands. We have secured hundreds of other government publications for the people who desired them.

Workshops have been held at least once this year in every county and independent city in the District, save three: Chesterfield, Lunenburg, and Nottoway Counties. Before Congress reconvenes for the Second Session, I plan to visit these three as well. Attendance at these Workshops has been very satisfying. People who wish to discuss problems which come under the jurisdiction of this office stop by. So, too, do those who wish to express their opinions on legislation and on affairs of government. The people run the gamut in age and in occupation, and it is extremely helpful to me to have the benefit of these opinions as legislation is deliberated and the duties of this office are carried out.

Recently several people have advised that they have written me and have not received an answer. It is my policy to respond to all mail the day it is received. If you have written and not received a response in what you consider a reasonable time, let us hear from you again. Mail is sometimes lost in transit.

One of my colleagues from California is busy at this time campaigning for his state's Governorship. The story is making the rounds that he went up to a 105 year old man seated on a park bench, and offered his hand for shaking. The centenarian refused, "I'm 105 years old," he said, "and I attributed my long life to never having touched or been touched by a politician. I'm not going to change my policy now." Regardless of how one may feel toward those in public office I hope you will let us know if you think we can be helpful.

The Pastor Speaks

What's In a Name

In the thoughts of the ancient world, a name did not merely distinguish one person from another, but was closely related to the nature of its bearer.

Such was the case with many family names used today.

Some persons got their names by using the name of their trade plus the product with which they worked. An example would be "Goldsmith". Some receive their last name because of their first name; an example would be "John's son" or Johnson or "Dick's son" or Dickson.

Some received their name from the occupation such as Gardner or Farmer. Other names come to people because of their association with certain people or geographical areas.

We who profess to be Christians share in this custom of being called by His name because of our association with Christ.

We are called by this name because we accept Christ as the Son of the Living God, as Master and as our King.

We accept this as our name because of a way of life we are living - or should live if we accept his name as ours.

What's in a name? A great deal - when it means you are a follower of Christ. It should make us humble to know that we were first called by this name when those non-Christians became aware of our being different from others.

Although the designation was used only three times in the New Testament, it has become the name of all who follow Him.

Are you using this name as yours, as a disciple of Christ:

"... And it came to pass, that a whole year they assembled themselves with the church, and taught much people. And the disciples were called Christians first in Antioch." Acts 11:26

Rev. Cecil Dalton, Pastor
Appomattox C.H. Presbyterian Church

The Sunday School Lesson

HERBERT C. BRADSHAW
P. O. BOX 1833
DURHAM, N. C. 27702

Comment on the International Sunday School lesson for Sunday, January 13, 1974.

Topic: Light for the Blind

Scripture: John 8 : 12-20; 9

I am the light of the world: he who follows me will not walk in darkness, but will have the light of life. John 8:12.

In the Scriptures light is the symbol both of God's revelation of Himself and of the good. Jesus personifies both symbols, for He is the ultimate in God's revelation of Himself and He is perfect in goodness. John could truly write of Him, "the true light that enlighteneth every man was coming into the world."

John in his Gospel gives strong emphasis to Jesus as the light of the world. In his introduction, explaining the Incarnation in metaphysical terms, he declares that "in him (the Word) was life and the life was the light of men. The light shines in the darkness, and the darkness has not overcome it." John the Baptist, according to the writer of the Gospel of John, "came to bear witness to the light." This writer also recorded the words of Jesus, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life." Included in the Scriptural background for this the Messiah, prominent among the characteristics by which he was to be identified was His giving of sight to the blind. This feature of Messianic prophecy may well be summarized in the line, familiar to us now in memories of music performed during the recent Christmas season, because Handel incorporated it in his magnificent oratorio, **Messiah**, "Then shall the eyes of the blind be opened..." Jesus, replying to John the Baptist's inquiry, told the forerunner's disciples to "tell John what you hear and see: the blind receive their sight..."

Giving sight to the blind was one of the most remarkable testimonies to the Messiahship of Jesus. The theological speculation it aroused was comparable to the excited interest in the physical healing, as John's Gospel so vividly relates in its account (Chapter 9) of the controversy which followed giving sight to the blind man. Because giving sight to the blind was recognized as a mark of the Messiah, the ability of Jesus to enable the blind to see posed a weighty problem to His critics and opponents.

To give sight to the blind indicated divine power. Blindness in antiquity, and until fairly recent times, was an irreversible condition, a distressing handicap, for there was no surgery to remove cataracts or treatment to check glaucoma, nor was there rehabilitation to help a blind person master a skill or gain an education to enable him to earn his livelihood. The hopelessness of the blind, as well as the release Jesus gave them from darkness, was dramatically expressed by the blind man to whom He gave sight, "Never since the world began has it been heard that any one opened the eyes of a man born blind." In giving sight to this man, Jesus symbolized the spiritual sight which all people need and which He gives, for in the natural state we are all spiritually blind and need to have spiritual sight given us.

With this emphasis on Jesus as the light of the world, John uses a familiar symbolism, that those without God walk in darkness because they are spiritually blind. As light is the symbol of good, darkness is the symbol of evil. "Men love darkness rather than light because their deeds are evil," Jesus said, explaining that much of the evil which is done is done under cover of darkness to enable the perpetrators to escape detection.

Jesus as the light of goodness shines in the darkness of evil, and the darkness is unable to black out the light. Jesus as the light of God's revelation brings the knowledge of God to people, that they may walk in the light of this knowledge. This light shows the pitfalls and perils of the path everyone must walk, the path of life, and enables those who walk in this light to walk confidently and surefootedly.

[Based on copyrighted Outlines produced by the Committee on the Uniform Series and used by permission.]

Dishann Carroll, NBC-TV "Julia," says there are two ways to fight cancer: with a check (see your doctor) and a che (send your donation to t American Cancer Society).

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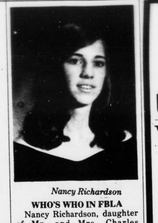

GOOD NEWS FOR HOMEMAKERS

by Shirley W. Walton
Extension Agent

WORDS OF CAUTION

When responding to sewmachine advertisements or ers of that nature, there are specific things that you ld be cautious of: often brands are used merely attract your attention some people associate reliaty and quality with them, s VDSC's Office of Consumaffairs.

hen the salesman comes to r home and begins to ograde his advertised proct, look out! He will usually e a more expensive model in car or suitcase and will try you the more expensive

leary of ads that say "Like" or "In Excellent Condi" for a ridiculously low

leary of those people, you call relative to an rtisement, answering the telling you that the r of the product will turn your call. These people the impression of being an idual owner of the proct, when in fact, you may be r a call from a sales sentative.

suspicious of long term antees or promises that nd too good to be true.

st remember for those who they can get something othing, there are those will give them nothing for thing.

memaker's Handbook Ready

he new USDA Yearbook of culture is now available for public. Entitled **Handbook the Home**, the volume is nded to be a guide to help lies use their incomes to advantage.

Handbook for the Home ggests ways that families can e fuller, more secure, and ore satisfying lives, and helps m to avoid costly pitfalls of kinds," the Secretary says in reword to the volume.

It gathers a great wealth of sumer material into some compact pages. This is a k for families. It centers ound the home - whether the me is a suburban house, a ntry place, or a city rtment."

The more knowledgeable sumers this nation has," retary Butz notes, "The ter will be our way of life."

Handbook for the Home is dback, contains 78 chapters, re than 190 photographs, is based mainly on federal state research. It is on sale $5.70 from the Superinten- of Documents, U. S. vernment Printing Office, shington, D.C. 20402. Each mber of Congress has a ited number of copies for distribution to constitu-

Neither the USDA nor the rginia Department of Agriture and Commerce has ies of the book for distribu-

PAMPLIN ELEMENTARY SCHOOL MENU

Jan. 7 Monday
Hot Dog on school made bun
French Fries
Orange Juice
Ginger Bread
Milk

Jan. 8 Tuesday
Chili Con Carne w/beans
Buttered Rice
Slaw
Apple Sauce
Milk, Bread, Butter

January 9, Wednesday
Turkey w/gravy
Green Beans
Whipped Potatoes
Rolls, Butter, Milk

January 10, Thursday
Chicken Noodle Soup
Peanut Butter Sandwich
Fruit Cup w/cookie
Milk

January 11, Friday
Spanish Rice
Garden Salad
Buttered Peas
Rolls, Butter, Milk

Pamplin

Mr. and Mrs. David Savitz of Columbia, S. C. were guest of her parents, Mr. and Mrs. Woodrow Williams last week end.

Miss Elizabeth Farrar returned to Mount Vernon College, Washington, D. C. after spending Christmas vacation with her parents, Mr. and Mrs. Stuart Farrar. Miss Farrar left last week with a group of students for Amsterdam, Holland for a six week study course.

Miss Sally Farrar visited a friend in Washington, D. C. They were room mates at Mary Baldwin last year.

Mr. and Mrs. Puryear Cobb of Richmond visited relatives last week.

Mr. and Mrs. Robert Mines and daughter Susan, Spencer Jr. and Larry Coleman of Norfolk have returned home after a visit with Mr. and Mrs. Horace Coleman, Mr. and Mrs. J. L. Green, Arlington, Va. and Mrs. Mary Lou Pendleton of Miami, Fla. have returned home after a visit at the home of Mrs. J. H. Payne, Darlington Heights, Virginia.

Dr. and Mrs. Lorie Moore and family have returned to their home in Smithfield, N. C. after spending New Years week end with her parents, Mr. and Mrs. James Richardson.

Mrs. Lacy Dickerson is a patient at Lynchburg General Hospital and Mr. Robert Tolley is a patient at McGuires Veterans Hospital, Richmond.

Mrs. A. L. Farmer Jr. of New port News spent last week end with Mrs. Scott, Beale, Prospect. Mrs. Erma Burrell spent New Years week end with Mr. and Mrs. Leslie Webber.

Recipe of the Week
Cinnamon Swirl Coffee Cake

½ lb. butter — 2 cups flour
1 cup sugar 1 tp. baking powder
2 eggs, (slightly beaten
½ pt. sour cream — ¼ tp. salt
1 tp. vanilla — 1 tp. baking soda

Topping: 1 teaspoon cinnamon, ½ cup finely chopped walnuts, and ½ cup sugar.

Cream butter and sugar and beat in eggs. Add flour, baking powder, baking soda and salt. Blend in sour cream and vanilla. In separate bowl, mix topping ingredients.

Into a tube pan pour a layer of batter, sprinkle with some of the topping, add another layer of batter and topping and finish with a third layer of batter and topping. Bake at 350° for 45 minutes. Serves 10.

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Favorite Bread
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